

Tapescript

MRS ROBERTSON: Ken, when I spoke to you this time last year, you were having problems at school, particularly with some of the people in the class. You said you felt really quite unhappy, didn't you? But things seem to be much better now. Am I right?

KEN: Yes, I feel much more relaxed now. My work is going much better, and I'm pleased about that. Last year I was very worried and anxious about all sorts of things, partly because of problems at home, but also I felt I didn't have any real friends at school. I thought I was the most unpopular person in the whole class. But now I realize that isn't true at all, and I feel much more confident as a person.

MRS ROBERTSON: I'm very glad to hear that. How do you feel about...?

*(pause)*

MRS ROBERTSON: Janet, when we talked to each other last year about your progress at school you told me you were an extrovert person, that you felt confident in yourself about most things, that you thought you were popular in the class and had lots of friends. But this year, several of your teachers have told me that you seem to have changed. Can you tell me what has happened?

JANET: Well, I'm not really sure what has happened, but I don't feel interested in my lessons any more, I feel bored a lot of the time. And because of that, I don't feel like talking in class any more or answering questions, so I just sit there, and I'm very quiet - I know I used to be very noisy in the past, so that's certainly a change.

MRS ROBERTSON: Last year you were very relaxed, happy and confident. You were doing well in your lessons; can you tell me what has happened?

JANET: Yes, I know, I was relaxed then, but now I feel embarrassed about all sorts of things, and I can't really explain why or what has changed in me ... I just feel worried all the time, and I can't talk to anyone

MRS ROBERTSON: What's been happening at home ... ?